



TuraFlex™ -- with Curcumin and Boswellia serrata



Boswellia serrata is a plant that produces **Indian frankincense** and contains **various derivatives of boswellic acid** which have shown **clinical functionality** to address issues of **osteoarthritis and joint function**.*

In clinical studies, boswellia extracts with turmeric ; as well as boswellic acid combined with curcumin were reported useful in patients with osteoarthritis. Supplements containing boswellia also alleviated symptoms of tendonitis and reduced musculoskeletal joint pain.

Reference: <https://www.mskcc.org/cancer-care/integrative-medicine/herbs/boswellia>



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New York, NY 10065, See section Clinical Summary in this reference.

Additional Clinical Research has suggested that curcuminoid and boswellia formulations (like Turaflex) could moderate key inflammatory pathways that are associated with worsening symptoms and progression associated with knee osteoarthritis (OA). Both curcuminoid and boswellia formulations were significantly more effective than placebo for pain relief and functional improvement.

Reference: <https://pubmed.ncbi.nlm.nih.gov/29622343/>

Efficacy of curcumin and Boswellia for knee osteoarthritis: Systematic review and meta-analysis

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. The information herein provided is for educational purposes only. Please consult your medical advisors to address your questions. Actual packaging may vary.